

# Unite for HER 2014



## ANNUAL REPORT

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*unite* **of** **HER**  
Helping to Empower & Restore





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Dear Friends of Unite for HER,

It is an enormous privilege to be writing to you as the Chair of the Board of Directors of Unite for HER, a position that has been held by Sue Weldon since she founded Unite for HER in 2009. What began with one woman's extraordinary vision of a way to heal, empower and restore women with breast cancer has become a vibrant organization that has touched thousands in our community. Sue will continue her inspired hands-on leadership of the operations at Unite for HER as the President and CEO. As the Chair of the Board, I now have the distinct honor of leading the dedicated, independent Board of Directors in providing necessary oversight and ensuring that the strategic goals of Unite for HER continue to be fulfilled. I am humbled by this opportunity to work with the Board alongside Sue, and together we are ready and eager to welcome this next phase of growth for Unite for HER.

To all of you who have donated to Unite for HER, thank you. Just this past year, your financial support has allowed us to add partnerships with four new hospitals this past year, and to increase the number of women that we are serving to more than 1,000. First and foremost, Unite for HER is about our women. Despite our substantial growth, Sue still gives every participant her cell phone number, and she treasures those personal connections perhaps more than anything else she does. We are nourished and inspired by their testimonials that our Wellness Days gave them hope and our programs changed their lives. In 2014 we saw tremendous growth in our community outreach programs as well, and brought our message about the importance of healthy living choices in preventing disease to thousands in the Philadelphia region through corporate and community groups, and also through educational programs at middle schools, high schools and colleges.

As we move forward in 2015, we remain mindful of the need to balance increased reach with increased depth, and even as we add new partnerships, we continue to seek new ways to maximize our impact on every level. There is still much unmet need here in the Philadelphia area, and we are fueled by all the opportunities for us to increase our impact. We are so fortunate to have a vibrant and diverse team including our dedicated staff (Sue W., Cameron, Julie, Gail and Sue F.), visionary partner hospitals and clinics, trusted advisors, writers, and educators, and a deeply committed Board of Directors, as well as donors who make everything possible. Thank you for sharing in our vision, and for supporting our work.

With much appreciation,



Maia Tolsdorf  
Executive Board Member, 2013  
Chair of the Board of Directors, 2014

#### **2013/14 Board of Directors:**

Susan Weldon  
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Kimberly DiBiaggio  
*Vice President*  
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*Treasurer/Finance Committee*  
Jan Nowell  
*Secretary*  
Robert Fried, MD, FACS  
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Karin Risi  
David Singer, MD  
Douglas Smith  
Maia Tolsdorf  
Chip Weldon

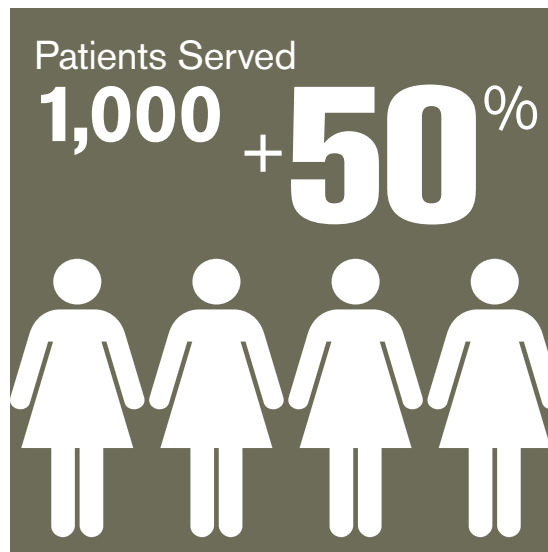
#### **Staff:**

Cameron Cavuto  
*Special Events Manager*  
Sue Falcone  
*Bookkeeper*  
Julie Hillhouse  
*Communications Director*  
Susan Weldon  
*President*

#### **Advisors:**

Thomas Burgoon, MD  
Katie Cavuto, MS, RD  
Alison Donley, E-RYT 500  
Andrew C. Laird  
Thomas A. Lynam, III  
Danielle Messina  
Kate O'Connor, LSW  
Louise Pancott  
Steve Pancott

# 2013/14 Outreach Highlights







# Celebrate the Past...

**BY SUE WELDON, UFH FOUNDER AND PRESIDENT**

It is in moments of reflection, as this report is prepared, that we are able to more clearly examine the challenges and successes that have helped shape and define Unite for HER. Often, it is only upon looking back that we understand the lessons of history and can prepare ourselves to move forward—stronger, wiser, and more determined. This insight also comes with a thorough appreciation for all the people who made it possible to breathe life into the UFH mission and impact the lives of women and families affected by breast cancer.

The 2013/14 outreach highlights on the previous page provide a brief visual snapshot of UFH growth over the previous year, and on page 13 you will find additional financial reporting information. However, what has always made UFH unique as an organization is our personal, compassionate, hands-on approach to helping others. Facts and figures allow you to see improved efficiencies, ongoing good stewardship, and a commitment to keeping operational costs down...but that isn't the heart and soul of UFH.

The women who participate in UFH wellness and survivorship programs are the reason behind all we do. It is their needs, their health, and their brave spirits that drive UFH to be better and reach more patients. To help our supporters fully understand the impact UFH has on the lives of women in treatment, a few personal stories of hope and healing follow this introduction. You will meet Carol, Nina and Meredith and their courageous journeys will inspire you. We encourage you to take a moment to reflect with them on this past year and how UFH impacted their path to restoration.





# Our Stories

## CAROL

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*My road through breast cancer has been an adventure! I was diagnosed at the age of 69, just before Memorial Day of 2012. My treatment plan was a lumpectomy in June, chemotherapy July through November, followed by radiation. The lumpectomy revealed a much larger tumor than expected so I choose a double mastectomy scheduled after chemo.*

*After the final six-week checkup from all the physicians, my husband and I embarked on my post cancer bucket list road trip. We had never been to the west coast, so that is where we headed. After a visit with my daughter in Denver, we went to Las Vegas since we wanted to see the Hoover Dam. We drove to Santa Barbara and along the amazing California coast to Monterey, and then met my son's family in Yosemite followed by a trip to San Francisco. We then headed north along the Pacific coast through northern California, Oregon, and Washington and took the ferry to Victoria, British Columbia and Vancouver. We came through Seattle, Idaho and Montana on our way home. What spectacular things we saw that we had only read about. My favorites were the sequoias and redwoods of California, as well as the sea lions and seals along the coast!*

*Near the end of my chemo treatments, I was invited to a wellness day hosted by Unite for HER. It was my bad week and I wasn't sure I would be able to last the full day. The program was so good, and I did stay! Kind, knowledgeable and professional therapists presented helpful information. Things I had heard about but had never tried, like yoga, acupuncture, healing massages, Reiki, and nutritional information. At the end of the day I chose yoga and acupuncture. Since I was scheduled for my double mastectomy, I didn't begin my therapies until after the surgeries, radiation and road trip were finished.*

*I began these therapies uncertain of how they would help me. After using my original vouchers for acupuncture, I went back for a second series of 12 treatments. I came away with less stress, better sleep patterns, healthier eating choices, more regularity, less pain from tight tissues, feeling stronger and more comfortable. The yoga presenter, Alison Donley, made it seem that I could try this for the first time at the age of 70. I never thought I would enjoy yoga as much as I do! The instructor has such an encouraging manner and makes allowances for restrictions to positions. She provides adaptations so that you can comfortably achieve the positions presented in the practice. The breathing techniques have given me the composure to face challenging and stressful situations. Her practice has enhanced my flexibility and aided my balance. I have continued with the yoga practice for a year now and am disappointed whenever I have a conflict and cannot go to my classes twice a week. I find the sessions have aided my recovery and improved my range of motion.*



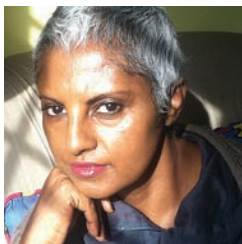


“Unite for HER has given me a completely new chapter to the rest of my life.”

*The nutritional presentation by Katie Cavuto is so motivating that you just have to make changes in your eating habits; and the Lancaster Farm Fresh vegetable CSA share jump starts your change in diet. I look forward to listening to her vital presentation each time I am privileged to hear her speak.*

*Since retiring from teaching school, I wanted to give back to my community but just never got around to it. I feel strongly about doing what I can to help other women faced with breast cancer, and Unite for HER has given me the opportunity to help. I volunteered at the annual Pink Invitational gymnastic meet held in Philadelphia last February. I was awed and humbled by the number of people who are providing support for this awesome organization. I have helped at wellness days for newly diagnosed breast cancer patients in our area. It is rejuvenating for me to hear the presenters showing how the various therapies can help in the healing of breast cancer and the side effects of traditional treatments.*

*Unite for HER has given me a completely new chapter to the rest of my life. I am trying things I would never have done before. At the age of 70, I participated in my very first ever 5k walk and came back again this year for my second time around! ■*



“I was empowered with the right information on how to cope with a breast cancer diagnosis and treatment.”

## Our Stories

### NINA

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*I was diagnosed in February of 2013 with stage 2 breast cancer. I had surgery in March and was scheduled for chemotherapy in May. I got an invitation from my nurse coordinator to attend a Unite for HER wellness day on Sunday, April 7. I didn't know what to expect, but was delighted to be part of this magical day!*

*I got to the Main Line Health Center in Newtown Square at 8:30 a.m. and was greeted with a warm welcome at the registration desk. Well, little did I know how my life would change for the better that day. I joined women who were going through the same journey as I was. There were joyful tears and I felt for the first time in days and weeks that I would be ok! I would survive and I was not alone. I was empowered with the right information on how to cope with a breast cancer diagnosis and treatment. Unite for HER rekindled my hope and determination to fight.*

*I felt so comforted when Sue Weldon took the stage and showed us some ways to regain control and possible choices to make that happen. I have to admit I had so many dark days since my diagnosis on February 6 and was not looking forward to starting chemotherapy.*

*At the wellness day, we were educated on acupuncture, massage, yoga, nutrition, how to use our CSA share, and healthy skincare. At the end of the day we were given vouchers for each therapy to help us take good care of ourselves while going through our breast cancer journey.*

*While I was going through chemotherapy, my vouchers came in handy to reduce the side effects of my treatments. Acupuncture helped me with my nausea, fatigue, hot flashes, insomnia and balancing. Massages helped me relax and take time to myself. As soon as I was able to practice yoga, I scheduled a time and what a treat that was! All the stretching, breathing and strengthening helped me to strengthen my physical and emotional wellness and create peace through meditation. I also really appreciated my CSA food delivery from Lancaster Farm Fresh every week. The vegetables were fresh and organic. I also learned from the best chef, Katie Cavuto, how to cook healthy and shop wisely.*

*All in all, Unite for HER prepared me both physically and emotionally to cope with my breast cancer diagnosis and treatment. It reinforced my positive spirit, optimism and my will to fight...which led me to a quick recovery. With all the help and education I received, today I feel strong, healthy and full of hope. Not only has my life changed for the better but my family's as well! My kids have learned a great deal about how to take good care of themselves and make good choices for their health and wellness.*

*Dear Unite for HER, thank you so much for helping me find my way to happiness and great health! ■*









“And so I made two promises to myself that became my beacons: to trust my instincts and to **be well** as I completed the steps that I had to do to **get well.**”

## Our Stories

### MEREDITH

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*I was honored to be asked to share my story with United for HER's many supporters. And yet, I struggled with shining a spotlight on such a highly personal (and painful) experience, one that isn't quite behind me. Then a bit of grace: an email floated across my desk as I sat down to compose this, with these words contained within it: “And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our fear, our presence automatically liberates others.”*

*And thus, with deep gratitude to its author, Marianne Williamson, I had direction in what I wanted to share, and why.*

*This chapter of my life began when I was 39, my children the tender ages of 6, 3 and 1. I was chasing them around the pool one late June day, amongst a yard full of friends and kids, and some small movement registered a lightly painful pressure under my right arm. My fingers detected a lump there, the size of a large grape. I considered it only for a moment before dismissing it as the likely result of a recent cold (I'm wiser now). I had, after all, just had two breast exams at routine well-visits at my gynecologist and primary physician. A happenstance breakfast conversation a week later with a friend whose 39-year-old sister (young, fit, with children just the ages of mine) had just had a double mastectomy changed everything. I was jolted from complacency, and called for an appointment with my primary from the parking lot.*

*The concerned looks from my doctor a few days later led to scans, then biopsies, then the much anticipated and very dreaded phone call. I learned while driving with my husband on the Schuylkill Expressway on my 40th birthday that I had stage 3 breast cancer that had spread to several axillary lymph nodes. We somehow navigated home and started dialing our closest family members.*

*It seemed improbable. In fact, it seemed impossible: I had done everything right. I have never been a smoker, I run and do yoga several times per week, I have a great diet, I am a nearly life-long vegetarian and an avid organic gardener and cook. I breastfed all three of my children for two years, with the exception of my youngest who was still breastfeeding at the time (we had to curtail that early).*

*Somewhere in the tornado of the first week after my diagnosis, a wonderful nurse handed me a clean, new binder to organize the deluge of paperwork and CDs that would follow—a welcome kit to breast cancer. She showed me a tab toward the back, with information about an organization called Unite for HER, and praised its brave founder, also a breast cancer survivor. UFH's services sounded enlightened and wonderful, but I could barely hear her words over the rush of the mounting panic in my brain.*

*And so, I stumbled through the ensuing weeks, thick with more tests and second (and third) opinions. I cobbled together “my team” of doctors to shepherd me through the journey that is cancer treatment, and brought to them my pages of questions that didn't seem to be covered in their*



handouts my oncologist provided. Is acupuncture contraindicated during chemo? How can I eat better and take natural supplements for my changing nutritional needs during and after treatment? What books will instruct me about wellness during treatment? Can I still take my long runs, which are my oasis of sanity?

Discouragingly, these questions were met by my oncologist with responses that ranged from dismissiveness to galling disrespect. And so I made two promises to myself that became my beacons: to trust my instincts and to **be well** as I completed the steps that I had to do to **get well**.

And so the week I began chemo, I registered for a half marathon a couple months away, a length I'd never run before. I vowed: I would not let cancer—or treatment—make me stop trusting my body. With the support of my husband, I trained for my race between bi-weekly chemo treatments and walked every day that I couldn't run. Somehow, as I "settled" into the routine of chemo, I remembered that tab in the now worn binder, buried in the notes and test results I'd accumulated.

And so it was that Unite for HER began to help me fulfill my promises. Through the vouchers that Sue Weldon makes possible, and the Wellness Day I attended during treatment, I sought services from practitioners she had personally vetted, all attuned to the specific needs of breast cancer patients. I received acupuncture, private yoga instruction, nutrition counseling and Reiki, which brought relief from the nausea, ache and insomnia of chemo, and the nerve damage and muscle loss I sustained after surgery. I talked openly with women of every age and stage of cancer, whose experiences were similar—and totally not—to mine. I received fresh, amazing vegetables from a local CSA, a luxury that I wouldn't have availed myself of as my staggering medical bills mounted (and I am now a convert and CSA addict).

And mostly: I felt less alone and more empowered. My belief that I could do better than what a doctor or book said I would experience was reinforced. I ran my race; bald, and at times crying with gratitude. The sign I made and pinned on my back read, "We've all come via our own journey...today we run together with Courage, Gratitude & Love."

To Sue and your wonderful team at Unite for HER: through your shining example during this (sometimes horrible, and sometimes unexpectedly wonderful) journey, you instilled in me the courage to let my own light shine, and in doing so, help others to the same. You have my forever gratitude. ■





## ...Embrace the Future

Hopefully these stories illustrate how UFH has built an organization with a cornerstone of putting the needs of women first. We know the names, faces, families, fears, goals, triumphs and trials of each of the 1,000 breast cancer patients we serve annually. UFH is humbled to be welcomed into their lives during a vulnerable time and we are committed to leading them out of the despair they feel and taking them to a place of balance, empowerment and complete healing.

In the 2014/15 fiscal year, we hope to form new partnerships in order to bring much-needed additional support into the wellness and medical communities and bridge the gap in the standard of care. UFH will deepen existing partnerships, making their presence and resources available to increase impact and efficiencies while maintaining the personalized care we are known for.

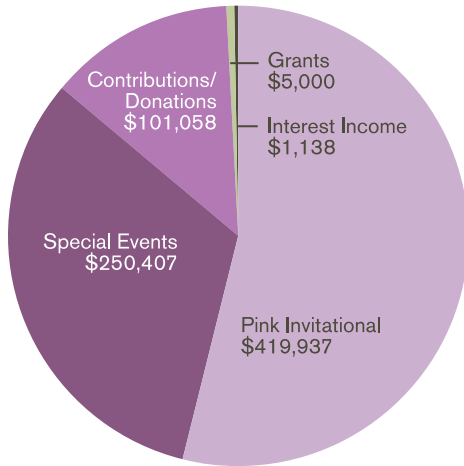
Education and prevention will also continue to be at the forefront of UFH outreach. A proactive and preventative approach to health and wellness, instead of a reactive approach, is valuable for people of all ages. UFH is devoted to empowering women and girls to make the best choices for lifelong health benefits through educational materials, online resources and live presentations.

UFH is greater than the sum of its parts due to the overwhelming generosity of our donors, sponsors and volunteers. For those who poured their time and energy in to the lives of breast cancer patients and worked to ensure the success of UFH events, your efforts are a blessing to others while planting precious seeds of hope. Thank you for entrusting UFH with your gifts and talents; we truly treasure them. So let's embrace the future together and strive towards making an even greater impact in the year ahead.

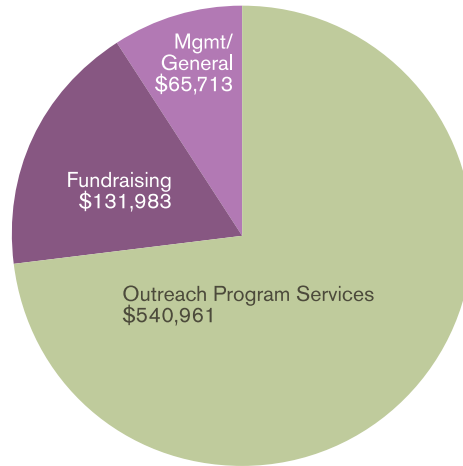




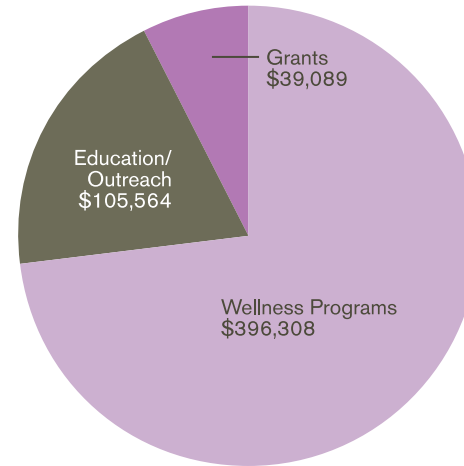
# 2013/2014 Fiscal Year



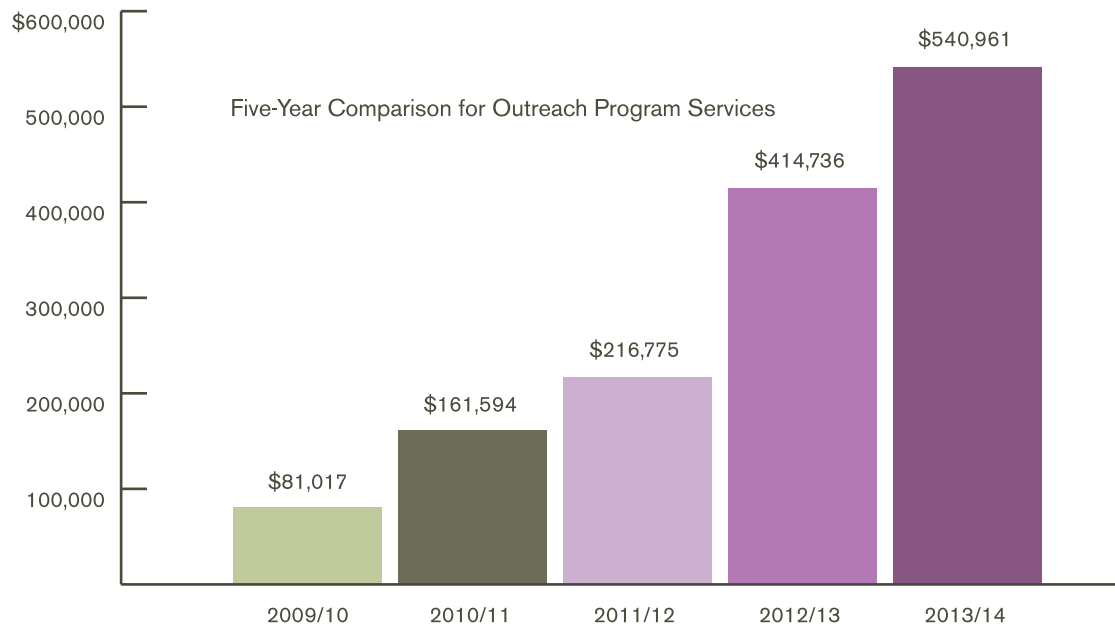
Income  
Total: \$777,540



Expenses  
Total: \$738,657



Outreach Program Services  
Total: \$540,961



# Donors

## \$20,000 AND UP

AJS Pancott Gymnastics NTC  
Frey Boutique – Holloway Family  
GK Elite Sportswear  
Mancino Manufacturing Co., Inc.  
NEGX-Gymnastics Express  
Chip & Susan Weldon,  
T Rowe Price Matching Funds

## \$15,000 AND UP

Verizon

## \$10,000 AND UP

Gymnastics at Brentwood Commons  
Bobbie Hillhouse  
Main Line Health Systems  
Marriott Business Services  
The Roemer Foundation  
Skyline Gymnastics

## \$7,000 AND UP

Acure Organics  
AJS Pancott Youth Board  
Avon Grove High School  
Gym Dandys  
Unite for HER Youth Board  
Upper Merion Dance & Gymnastics  
West Chester University  
X-Cel Gymnastics Parent Organization

## \$5,000 AND UP

B. Reed Henderson High School  
Casali di Bibbiano Winery Tuscany  
Coldwell Banker Preferred Cares  
Exton Office  
William & Ann Eckerd  
E.N. Peirce Middle School  
KB Gymnastics  
Sean McHale & Karin Risi  
Clyde & Taryl McKee  
NAWGJ  
Northwest Designs, Inc.  
PA State Gymnastics Board  
Phoenixville Community Health  
Foundation  
Prestige Gymnastics  
Team Photo  
Tour de Shore  
Unionville High School  
Villari, Lentz & Lynam, LLC

## \$3,000 AND UP

A2 Gym & Cheer  
Bayard Rustin High School  
Berks East  
BioBag Americas, Inc.  
Bishop Shanahan High School

Captivating Cosmetics  
Cartwheels and More  
Katie Cavuto, Healthy Bites  
Centre Elite Gymnastic Inc.  
Food Should Taste Good, Inc.  
Garnet Valley High School  
Caroline & Randy Green  
Hilton Garden Inn  
LARABAR  
Silvia's Gymnastics  
Twin Peaks Cancer Foundation  
Win-Win Gymnastics  
Women on Course/UFinancial

## \$2,000 AND UP

APEX Gymnastics  
CVS Caremark Charitable Trust  
DiBiaggio Family/SAP  
EGCPA/Team Lightning  
Elliott-Lewis Corporation  
Exelon Generation  
Robert Fried, Jewish Federation of  
So. Palm Beach County  
Robert & Carol Griesemer,  
Financial House  
Gymnastic Training Center of Simsbury  
King Laird P.C.  
Lancaster Farm Fresh Cooperative  
Laura Melly  
Mark Morgera  
Owen J. Roberts High School  
Palmar Vineyards  
Penn Medicine  
PTM Sports  
Raymond Vineyards  
Sovana Bistro  
Terrain  
Turner's Gymnastics, Inc.  
Upper Cervical Chiropractic  
Neurology Center  
USLI  
Victory Brewing Company  
Wegmans Food Markets  
Brittany Weiss  
West Chester East High School

## \$1,000 AND UP

Advanced Chiropractic  
Aerials Gymnastics  
Albert Einstein Healthcare Network  
Altoona Gym Kids, Inc.  
Amani's BYOB  
Aqua Charitable Trust  
Arianna's Gourmet Café and Catering  
Automated Financial Systems, Inc.  
Baia Restaurant  
Dr. Patricia Bailey & Richard K. Murray  
The Benevity Community Impact Fund  
Berryplus  
Blackfish BYOB

Nancy & John Boscarelli, JRB  
Wealth Management  
Bosom Buddies  
Brinker, Simpson & Co, LLC  
Cakes and Candies by Maryellen  
Camp Woodward Gymnastics  
Care Fund at USU  
Carroll Gymnastics  
Celtic Complexion  
Clif Bar & Company  
Crown Trophy  
The Dansko Foundation  
Docksiders Gymnastics, Inc.  
Downingtown East High School  
Eclat  
Einstein Medical Center Montgomery  
Envision Gymnastics  
Flips Gymnastics  
Forty 1 North  
Gi Gi Lingerie  
Greentree Landscaping of West Chester  
The Harvey Family  
High Performance  
Highlander Booster Organization, Inc.  
Home2 Suites Philadelphia  
International Gymnastics Camp  
J Hatfield Fitness  
Kinetic Physical Therapy and  
Human Performance Center  
LARA Gymnastics  
Andy Laird  
Legends Gymnastics  
Joseph & Ellen McLaughlin  
Joseph McLaughlin Jr.  
Medical Acupuncture of Chester County  
Mushroom Farmers of PA  
Octorara High School  
Off Limits Gymnastics  
Paoli Medical Staff  
Phoenixville Foundry  
QVC, Inc.  
Ristorante Panorama  
Road 9, LLC  
Russet  
Alicia Saltarelli  
SAP America, Inc.  
The Shapiro Family  
Siemens Medical Solutions USA, Inc.  
Albert & Jen Simmons  
SmallGirl Development Inc.  
Doug Smith–Verizon Volunteer Match  
Tao Institute  
Sandy Thielz  
Tri-Star Gymnastics  
Turnberry Solutions, Inc.  
Twin Brooks Winery  
Weleda North America

## \$750 AND UP

Arcadia Gymnastics & Fitness Center  
Aronomink Paddle Tennis  
ASAP Advanced Prep Ops  
Bright Stars Gymnastics Academy  
Cumberland Gymnastics, Inc.  
Dominics  
Elizabeth Everett  
Force Sports Academy  
Jeff Harvey  
Kalpana Patankar, MD  
Kaplan's Fine Jewelry  
Kennett Gymnastics  
Marly's  
Amy McQuillan  
Montgomery County Gymnastics  
& Cheer  
New York Community Jewish High  
School  
Pepperoncini Restaurant & Bar  
POWLAX  
Region 7 Gymnastics  
Restaurant Alba  
Robert Ryan Catering  
Roots Cafe  
Shari Smith–Verizon Volunteer Match  
Student Services, Inc.  
Supper  
USA Gymnastics  
The Whip  
Will-Moor Gymnastics

## \$500 AND UP

Abramson Cancer Center  
All About Women, PA  
All American Flames  
All Pro Gymnastics & Cheer  
Ashli Mizell Inc.  
Burlap and Bean  
Butler Hy-Flyers  
Carouge Family Foundation  
Charlestown Cooperative Farm  
Cherry Hill Gymnastics  
Ches-Co Gymnastics  
Ciao Bella Lucia Salon & Spa  
Columbia Gymnastics  
Delaware Valley Gymnastics Academy  
Delaware Valley Healthcare Council  
Dia Doce  
Dynamats  
Maggie Eberts–Cranes for Hope  
Fox Chase Bank  
Gibbons Insurance Agency, Inc.  
Grace Winery  
Gym Starz  
Harford Gymnastics  
Harvest Seasonal Grill and Wine Bar  
Hershey Aerials  
Hillcrest Farms  
Honest Tea, Inc.

Pamela Hudson  
Jewarts Gymnastics New Hope  
Foundation  
Kendrick Kippettes  
Julia Kennedy & Eugene Gordon  
Kimberton Award & Trophy, Inc.  
Patricia Kingery, Bank of America  
Matching Gift  
KMCAPO  
Lakettes Team Boosters Club  
Leardi Family Dentistry  
LymphedivAs  
Magee Women's Foundation  
Luke & Cynthia Marano  
The Master's Baker  
Keith & Alix Morgan  
Nashville Benefit Concert–Carter Green  
Nastics, Inc.  
Louis Nees  
Northeast Gymnastic Academy  
Nourish Juice Bar & Café  
Pricilla Palmer  
Patrick Liam Photography  
Penns Woods Winery  
Philadelphia 76ers Camps  
Pi Delta Chi Sorority  
Kristin Risi  
Riverview Landscaping and Tree Service  
Owen J. Roberts–Brothers for Others  
Steven & Allyson Ross  
Gregory & Rebecca Shemanski  
Linda & William Simmons  
Carol Sterling  
SUNY Oneonta  
Surgical Care Affiliates  
TD Bank  
Christopher & Maia Tolsdorf  
Richard & Kimberlee Tonetti  
Top Flight NJ  
United Sports Academy  
White Manor Country Club

## \$250 AND UP

ACAC Fitness & Wellness Centers  
Donald & Joan Allen  
Cynthia Belliveau  
Stephen Belliveau  
William & Sharon Biermann  
Jean Billings  
Thomas Billone  
Bobo's Oat Bars  
Gary & Cheryl Bohn  
The Bosco Group, LLC  
Debbie Brouwer-Maier  
Missy Bryan  
Parker & Mary Carroll  
Cameron Cavuto  
The Chester County Hospital  
COOK  
Debbie Cosenza



Currie Hair, Skin & Nail Salon  
 Catherine Davis  
 DCIU-in support of Jennifer Elam  
 Dora Fisher Art  
 Amy D'Orazio  
 EGSPA/Excellence Gym  
 Marylouise Elder  
 James & Carol Ernst  
 Susan Falcone  
 Robert & Linda Fisher  
 French Creek Golf Club  
 Julia Gates  
 Gladwyne Motessori  
 Glen Mills Chiropractic Health Center  
 GoMacro  
 Great Valley High School  
 Independence Advisors, LLC  
 James & Diane Jones  
 Joseph Anthony Retreat Spa and Salon  
 Kauffmans Lanc. Co. Farm Fresh  
 Keshar Isreal  
 Seth Koss  
 Luis & Katherine Liceaga  
 The Light Within Yoga Studio  
 Richard & Caryn Lucia  
 Main Line Acupuncture & Oriental  
 Medicine  
 Michael & Susan Mascuilli  
 Sharon Matas  
 McHugh Reality Advisors Inc.  
 Michael McLaughlin  
 Linda Meacci  
 Michele Melby  
 John Montgomery  
 Muse's Touch  
 Joseph Napoletano  
 Faustino Nunez & Glen Weldon  
 Laura Oliver  
 Oriental Nature Care  
 Ernest & Norma Palmarella  
 Todd & Susan Peterman  
 Ken & Mara Pollack  
 PW Spartans Youth Football  
 Cheerleading  
 Radley Run Country Club  
 Lucy Rhodes  
 Riddle Hospital  
 Michael Rittenhouse  
 Sean Seidell  
 Servpro Industries, Inc.  
 Dr. Zu-Fang Sheng  
 Stetson Middle School  
 Sam & Roni Storti  
 Stylized Designs by Cortney  
 Ronit Sugar  
 Sun East Charitable Foundation  
 Sun Valley High School  
 Timothy Thornton  
 Thredz Clothing Boutique

Tish Boutique  
 Gibbs Tolsdorf  
 Traditional Acupuncture Plus  
 Tri for the Cure Donated by Employees  
 of CBRE Clarion Securities in honor  
 of Katie Sedlak  
 UIC College Prep  
 United Way  
 Tammy Virnig  
 Thomas Wall  
 Lauren Webb  
 Wellspring Physician Acupuncture  
 Robert Winn

## **\$100 AND UP**

2Design  
 A Time to Leap  
 Kristin Abrahams  
 Acupuncture & Herb Center  
 Alluring Images Hair Studio  
 Julie Angel  
 Douglas & Katherine Baer  
 Rollin & Patricia Baer  
 Tara Baiman  
 Michelle Bartom  
 Bettina Becker  
 Joseph Biloon  
 Wesley & Annette Bowers  
 Brandywine Prime  
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