



UFH/Community YMCA of Reading & Berks County Physician Referral Authorization

□ Patient is cleared for unsupervised exercise. (Please check box if accurate.)

Precautions/limitations/special conditions we should be aware of:

Patient Information:								
Name:								
Phone:	Date of Birth:///////							
I authorize the YMCA of Reading & Berks County to share monthly scan reports with Unite for HER in order to remain eligible for UFH funding. Initial here to acknowledge:								
Physician/Medical Provider Information:								
Name (print):								
Signature:								
Date:Pho	one:							

Offer includes YMCA 6-month individual membership.

- Please select a YMCA location on the participating branch list that is most convenient for you.
- Be sure to mention you are a Unite for HER participant and bring identification to your first visit.
- You must use the facility at least four times a month in order to keep the membership active.
- If you have questions regarding this program, please contact Unite for HER at info@uniteforher.org.

Please email this this completed form to Alyssa Bushkie, Director of Operations, at <u>abushkie@ymca-berkscounty.org</u> to initiate your membership. We are looking forward to having you as a part of our YMCA of Reading & Berks County family.



Dear Participant:

The YMCA of Reading & Berks County is looking forward to having you join our YMCA family! Each Unite for HER participant will receive a six-month YMCA individual membership.

To initiate your membership, please complete the following steps:

- Complete the physician referral authorization and YMCA membership application.
- Scan and email both documents to Alyssa Bushkie, Director of Operations, at <u>abushkie@ymcaberkscounty.org</u> or drop off the documents at the YMCA branch of your preference.
- Once the documents are received, you will receive an email to confirm that your membership is now active. Please read the email for information on your first YMCA visit.

Please contact Alyssa Bushkie, Director of Operations, at <u>abushkie@ymca-</u> <u>berkscounty.orq</u> or 610-378-4710, if you have any questions about getting started.

See you at the Y!

Sincerely,

Your new friends at the YMCA of Reading & Berks County

LOCATIONS

Reading Branch 631 Washington Street Reading, PA 19601 610-378-4700

Tamaqua Branch 1201 E. Broad Street Tamaqua, PA 18252 570-668-2903 Sinking Spring Branch 4920 Penn Avenue Sinking Spring, PA 19608 610-678-0484

Adamstown Branch 71 E. Main Street Adamstown, PA 19501 717-484-4996 Tri Valley Branch 607 Crisscross Road Fleetwood, PA 19522 610-944-6515

Mifflin Area Branch 140 Chestnut Street Mohnton, PA 19540 610-750-5036



the	APPLICATION FOR					
	UNITE FOR HER					

Staff Initial: _____

The YMCA is a membership organization open to all. Everyone is welcome to apply regardless of race, religion, age, gender, sexual orientation, national origin, economic level or disability. If you can't afford the full cost of membership, Financial Assistance is available to the extent possible. Please ask for a confidential Financial Assistance application. Participants needing other accommodations should contact their local YMCA.

FOR

MEMBERSHIP TYPE											
Choose Membership Type: Unite for Her—6 month membership											
Choose Membership Category:	🛛 Υοι	□ Youth □ Student ■ Adult □ Family □ Senior □ Senior Family □ Health Cente								th Center	
Choose Membership Branch:	🛛 Adamst	stown 🛛 Mifflin 🔹 Reading 🖓 Sinking Spring 🖓 Tri Valley 🖓 Tamaqua									
PRIMARY MEMBER (Parent or guardian for applicants under 18 years of age)											
First Name		MI	Last Name					Date	of Birth		Gender
Home Address	ddress					City			State	Zip Code	
Phone Email											
Insurance Carrier						Policy #					
Employer Name Business Address						Business Phone				е	
Ethnicity 🛛 Caucasian / White 🗋 African American / Black 🗋 Hispanic / Latino 🗌 Asian American 🗌 Native American / Pacific Islander 🗌 Other											
Have you been a YMCA Member before? I Yes No Are you interested in Volunteering? I Yes No											
Emergency Contact First Name Last	t Name	ame				Phone Number			Relation to Emergency Contact		

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TERMS AND CONDITIONS

The YMCA conducts regular sex offender screenings on all members, participants, and guests. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

I agree to abide by the rules and regulations of the YMCA, which are designed for the enjoyment of all its members. The protection of members and guests who are utilizing the YMCA is of paramount concern to the YMCA. We reserve the right to deny access of membership to any person whose behavior is determined to be in conflict with the welfare and safety of other members and/or staff. This includes a person who is a registered sexual offender; has plead guilty to or been convicted of any crime involving sexual abuse; or a crime against persons such as a child, spousal or parental abuse. It will also include any offense related to the sale or transportation of illegal, habit forming or dangerous drugs; is presently clearly under the influence of intoxicating beverages or behavior modifying drugs. This code of conduct does not permit language or any action that can hurt or frighten another person or that falls below a generally accepted standard of conduct. This includes inappropriate attire, angry or vulgar language, physical contact with another person in an angry or threatening way, any demonstration of sexual contact or activity, harassment or intimidation by words, gestures, body language or any other menacing behavior, theft or behavior resulting in destruction of property. Parents are held responsible for the behavior of their children.

INFORMED CONSENT/LIABILITY WAIVER AGREEMENT

I/We, the undersigned, realize that there may be medical risks associated with physical exercise, the use of this facility, or use of equipment within the facility. I/We also recognize that the YMCA cannot evaluate my/our physical abilities and medical limitations as they pertain to participation in programs, to use the facilities, or use of equipment within the facility. I/WE THEREFORE ASSUME ALL RESPONSIBILITY FOR HAVING A THOROUGH MEDICAL EXAMINATION PERFORMED, BY A MEDICAL PRACTICIONER OF MY/OUR CHOICE, BEFORE PARTICIPATING IN ANY PROGRAMS AND PRIOR TO USING THE FACILITIES OR EQUIPMENT WITHIN YMCA FACILITIES.

Furthermore, in consideration of my/our participation in the activities of the YMCA and its respective officers, employees and members, including but not limited to its or their own negligence, and do hereby for myself/ourselves, heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I/We may have or which may hereafter accrue to me arising out of or connected with my participation in any of the activities of the YMCA, use of its facilities, or use of equipment within its facilities; provided, however, that the hold harmless agreement, and waiver, release and discharge contained in this paragraph shall not apply to my/our participation in any of YMCA's childcare services.

By participating in the YMCA Nationwide Membership Program, I agree to release the National Council of YMCAs of the United States of America, and its independent and autonomous member associations in the United States and Puerto Rico, from claims of negligence for bodily injury or death in connection with the use of YMCA facilities, and from any liability for other claims, including loss of property, to the fullest extent of the law.

I, the undersigned, have read, understand and agree to the above.

Signature of applicant

Date

PHOTO RELEASE:

I consent to the taking and use of still photography and/or motion pictures of me or my family for use of magazines, television, newspapers, etc. and to the non-commercial use of such photographs or motion pictures. I understand that the YMCA has no control over and is not responsible for the content in such publications and broadcasts.

I hereby waive payment or royalties for the exhibition or showing of photographs or motion pictures and/or the use of information provided by me. The YMCA will post signs when professional photographers or TV crews are on site so members have the option to avoid their images being utilized.

Notes

Initial

Date